

October's Gold Medal School of the Month

Polk Elementary Success Story

Principal: Jeanne Clifton

School Coordinator: Christina Cotter

Mentor: Emily Reeves

Polk Elementary has begun their third year in the Gold Medal Schools program. They are working on Platinum Focus this year. Polk is unique because there is no student busing. All students either walk to school or are dropped off by their parents. This year Polk has focused on encouraging students to walk to school and keeping them safe. They are participating in UDOT's *Walk More in Four* challenge, which asks students to walk, ride bikes, or scooters to school at least three days out of each week for four weeks. Students who participate are entered into a drawing to win prizes. The *Walk More in Four* event began with parents and students walking to school. They were addressed by the principal, Mrs. Clifton, representatives from UDOT, the Weber-Morgan Health Department, and Ogden's Mayor. They were encouraged to be active now and stay active throughout their lives.



Students recently participated in Green Ribbon Month, encouraging pedestrian safety. They signed pledges promising to be safe when they're walking – to walk on side walks, look both ways before crossing the street, and cross at crosswalks. Pledge cards were then made into a chain to be hung in the school to remind students of their promise.

Polk students are also diligently walking the Gold Medal Mile. They're learning how easy it can be to exercise, be safe, and maintain a healthy lifestyle. Keep up the great work Super Cougars!