

September's Gold Medal School of the Month

Hurricane Elementary

Principal: Travis Wilstead
School Coordinator: Dawn Wasden
Mentor: Carol Bankhead

During the 2008-2009 school year, Hurricane Elementary worked hard to become a Gold Medal School. The theme for the year was to climb Mount Everest with one foot of Mount Everest being equivalent to one-mile walked by the students. A giant Mount Everest was painted on the lunch room wall where the miles walked were recorded and served as a reminder to students to stay motivated to exercise and be healthy. The students made it to the top of the mountain before the school year was over and started their way down.



The students also decorated the walls of the lunch room with nutrition posters they made to remind them the importance of good nutrition. Every student participated in the nutrition poster contest. The lunchroom walls were literally covered with reminders of good nutrition.

A mile-walk/run was sponsored each month to encourage fitness among the students and faculty and to help them get to the top of Mount Everest. The mile walk/run was in addition to the mile the students were already walking each week. Each month the walk/run had a different theme.

- October :Pumpkin Walk
- November :Turkey Trot
- December: Jingle Bell Run
- January: Human Rights Run
- February: Cupid Chase
- March: Leprechaun Leap

This year Hurricane is excited to continue to make their school environment a place where students can eat healthy, be active, and stay tobacco-free.

